



Run Sheet

Friday 27 November 1000-1145 AEDT

Session 11

Chair: Rachelle Bonner	Speakers: Kylie Carra Catrin Garrington Simone O'Shea Simone O'Shea Biswadev Mitra	Panel: No panel
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Reminder to chairs / speakers – please log into the OnAIR system 30 minutes prior to the scheduled start time. You will be welcomed by the operator; and placed in the Green Room as outlined during the rehearsals.

Brief Opening script (For Chairperson)

- Thank the audience for joining the session today,
- Reminder to viewers - Please use the Live Q&A tab to ask any questions to our speakers. After each presentation there will be a Q&A session.
- Trouble-shooting – if as viewers you are having difficulty with the session, please click on the red “Live Support” button in the top right of the screen to speak to our live support team.
- Thank the audience for joining the session today. Remind **AMMA members** that the AGM will take place today at 1630 and encourage them to join.
- Introduce the first speaker (refer below for biographical information)

Brief Closing Script (For Chairperson)

- Thank you for joining us.
- Please return to the timeline (which is the main program page on the OnAIR Platform). The next session. Virtual Exhibition Hall will be open 1140-1240. Encourage delegates to visit the exhibition hall. The plenary session will start at 1500 followed by the AGM at 1630.

15 mins presentation + 5mins Q&A

Q&A layout – side by side: presenter and chair

Presentation type	Length	Time	Presenter	Layout	Powerpoint	Recording
Holding Slide/ Countdown	30 sec			Single		Yes
Welcome from chair	1min	1000-1001	Dr Rachelle Bonner	Single	No	LIVE
Concurrent	20mins	1000-1020	Dr/Prof Kylie Carra	Single		Yes
Cut to chair – introduce the next presenter						



Concurrent	20mins	1020-1040	Catrin Garrington	Single		Yes
Cut to chair – introduce the next presenter						
Concurrent	20mins	1040-1100	Dr Simone O'Shea	Single		Yes
Cut to chair – introduce the next presenter						
Concurrent	20mins	1100-1120	Dr Simone O'Shea	Single		Yes
Cut to chair- introduce the next presenter						
Concurrent	20mins	1120-1140	Prof Biswadev Mitra	Single		Yes
Cut to chair – thank all presenters						
Holding Slide – back to the timeline (mute all presenters before returning them to green room and ending broadcast)						

Bios of speakers

1000-1020

TRANSITION TO CIVILIAN LIFE AS “THE NEXT MISSION” IN THE LIFE OF A SERVICE MEMBER: FACTORS INFLUENCING MISSION SUCCESS

Dr/Prof Kylie Carra is a lecturer and researcher in the Occupational Therapy Program at the La Trobe Rural Health School in Bendigo. She has over 10 years of clinical experience as an occupational therapist in acute, inpatient and community settings. Her professional interests include trauma/posttraumatic growth, military research, occupational science, and rural health and well-being. Kylie is a reviewer for the Australian Occupational Therapy Journal, British Journal of Occupational Therapy, and Rural Sociology. She has been a member of the College of Science Health and Engineering Human Research Ethics Committee since 2015. Her doctoral research explores the influence of meaningful activity on health and psychosocial adjustment during the transition from military service to civilian life.



1020-1040

PREVENTION AND MANAGEMENT OF PELVIC FLOOR DYSFUNCTION IN MILITARY WOMEN

Catrin Garrington is in final year Physiotherapy Honours student at Charles Sturt University, Albury, Australia. From Wales UK. Researching Pelvic Floor Dysfunction & interested in Women's Health physiotherapy.

Dr Simone O'Shea is an experienced Physiotherapy clinician, researcher and educator. She has a wide range of clinical and research interests including chronic health condition management, women's health, therapeutic exercise, collaborative and culturally responsive health care practice, as well as the design and implementation of health care curriculum. Simone has worked in a wide range of clinical services, but her passion for women's health has developed and grown throughout her career, most recently in both public and private maternity service roles. However, Simone's biggest passion is her family, and her four children.

In 2018 Simone was awarded a Defence Health Foundation grant to explore the pelvic health of female military personnel. She feels incredibly privileged to be able to share the experiences of active servicewomen and veterans through this research.

1040-1100

PREVALENCE OF PELVIC HEALTH CONDITIONS IN AUSTRALIAN SERVICEWOMEN AND VETERANS

Dr Simone O'Shea is an experienced Physiotherapy clinician, researcher and educator. She has a wide range of clinical and research interests including chronic health condition management, women's health, therapeutic exercise, collaborative and culturally responsive health care practice, as well as the design and implementation of health care curriculum. Simone has worked in a wide range of clinical services, but her passion for women's health has developed and grown throughout her career, most recently in both public and private maternity service roles. However, Simone's biggest passion is her family, and her four children.

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1100—1120

PELVIC HEALTH AND MILITARY OCCUPATIONS: A STUDY OF AUSTRALIAN SERVICEWOMEN

Dr Simone O'Shea is an experienced Physiotherapy clinician, researcher and educator. She has a wide range of clinical and research interests including chronic health condition management, women's health, therapeutic exercise, collaborative and culturally responsive health care practice, as well as the design and implementation of health care curriculum. Simone has worked in a wide range of clinical services, but her passion for women's health has developed and grown throughout her career, most recently in both public and private maternity service roles. However, Simone's biggest passion is her family, and her four children.

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1120-1140

MICRO-RNA LEVELS AND COGNITIVE PERFORMANCE AFTER MILD TRAUMATIC BRAIN INJURY

Prof Biswadev Mitra has been appointed as a full-time clinician since 2001 and employed as a staff specialist in Emergency Medicine at Alfred Health since 2008. Currently, he holds leadership positions at Alfred Health as Director of Emergency Medicine Research and Head of Clinical Research, National Trauma Research Institute.

His primary research interests are in trauma resuscitation with focus on haemorrhagic shock and traumatic brain injury. He leads a program of studies into early identification patients with mild traumatic brain injury, focused on development of biomarkers for early diagnosis and management.